Monday
Lunch
Spiced carrot and chickpea soup (Vegan)
Chicken Kievs with creamy mashed potatoes and spring greens
Mushroom Kievs with creamy mashed potatoes and spring greens
Pineapple upside-down pudding
Or fruit portion

Dinner
Spiced carrot and chickpea soup (Vegan)
Beef Rogan Josh with rice, mango chutney and naan bread
North Indian tofu curry with rice, mango chutney and naan bread
Pineapple upside-down pudding
Or fruit portion

Tuesday
Lunch
Tomato and basil soup (Vegan)
Lebanese pork ragout with spicy bulgur salad, yoghurt and pomegranate dressing, and flatbread
Asparagus, feta and sumac quiche with cream fraiche and bulgur salad
Lemon syllabub
Or fruit portion

Dinner
Tomato and basil soup (Vegan)
Chicken, leek and mushroom lasagne with garlic bread and mixed salad
Vegetarian lasagne with garlic bread and mixed salad
Lemon syllabub
Or fruit portion

**Wednesday**

**Lunch**

Curried broccoli soup (Vegan)
BBQ chicken legs with Tex Mex potato wedges and mixed salad
BBQ grilled celeriac steak with Tex Mex potato wedges and mixed salad
Sicilian pear cake
Or fruit portion

**Dinner**

Curried broccoli soup (Vegan)
Thai fish cake with Asian slaw, sweet chili sauce and yoghurt
Thai sweetcorn cake with Asian slaw, sweet chilli sauce and yoghurt
Sicilian pear cake
Or fruit portion

**Thursday**

**Lunch**

French onion soup (Vegetarian)
Curried lamb hotpot with seasonal greens
Roasted butternut squash with spicy tahini, maple and pumpkin seed dressing, served with curried rice (Vegan)
Courgette and seed vegan cake
Or fruit portion

**Dinner**

French onion soup (Vegetarian)
Mexican chicken burritos with refried rice and sour cream
Mexican spicy bean burritos with refried rice and sour cream
Courgette and seed vegan cake
Or fruit portion

**Friday**

**Lunch**
Minestrone soup (Vegetarian)
Crumbed Tilapia with tartare sauce and mushy peas, served with chips
Zanzibar falafel burger with mango chutney and rocket, served with chips (Vegan)
Jam roly-poly with custard
Or fruit portion

**Dinner**
Minestrone soup (Vegetarian)
Sticky sweet chilli and sesame chicken Pad Thai
Vegan Pad Thai noodles
Jam roly-poly with custard
Or fruit portion

**Saturday**

**Lunch**
Hot Chinese mushroom soup (Vegan)
Cottage pie with winter greens
Lentil and vegetable pie with winter greens
Lime and coconut drizzle cake
Or fruit portion

**Dinner**
Hot Chinese mushroom soup (Vegan)
Pork and apple burger with mustard and honey slaw, and chips
Portobello mushroom burger with mustard and honey slaw, and chips
Lime and coconut drizzle cake
Or fruit portion
**Sunday**

**Lunch**

Mexican sweet potato soup (Vegan)

Spiced yoghurt roast chicken, roast potatoes and root vegetables

Spiced yoghurt roasted cauliflower, roast potatoes and root vegetables

Vanilla cupcake

Or fruit portion

**Dinner**

Mexican sweet potato soup (Vegan)

Greek pastitsio, cumin roasted carrots, Greek salad

Roasted Mediterranean vegetable filo tart, Greek salad

Vanilla cupcake

Or fruit portion