Menu
19-25 April 2021

Monday
Lunch
Curried broccoli soup (Vegan)
Chicken and mushroom Wellington with seasonal vegetables and sauté new potatoes
Spicy vegetable lattice with seasonal vegetables and sauté new potatoes
Vegan courgette and lime cake
Or fruit portion

Dinner
Curried broccoli soup (Vegan)
Lamb shepherd's pie with minted peas and carrots
Quorn shepherd's pie with minted peas and carrots (Vegan)
Courgette and lime cake (Vegan)
Or fruit portion

Tuesday
Lunch
Spicy sweet potato soup (Vegan)
Pork schnitzel with tangy tomato salsa and mashed potatoes and spring greens
Courgette fritters with tangy tomato salsa and mashed potatoes and spring greens
Apple and pear crumble with custard
Or fruit portion

Dinner
Spicy sweet potato soup (Vegan)
Thai green chicken curry with steamed rice and prawn crackers
Thai aubergine and chickpea curry with steamed rice (Vegan)
Apple and pear crumble with custard
Or fruit portion

**Wednesday**

**Lunch**
Hot Chinese mushroom soup (Vegan)
Peri peri chicken with spiced rice and sweetcorn salad
Vegetarian Jambalaya
Nutella and banana pancake
Or fruit portion

**Dinner**
Hot Chinese mushroom soup (Vegan)
Classic lasagne with rocket salad
Butternut and leek lasagne with rocket salad
Nutella and banana pancake
Or fruit portion

**Thursday**

**Lunch**
Tomato and basil soup (Vegan)
Crispy sesame beef strips in oyster sauce served with egg noodles and stir-fried greens
Korean noodles with seitan and stir-fried greens
Lemon and poppy seed cake
Or fruit portion

**Dinner**
Tomato and basil soup (Vegan)
Sriracha pork burger with lime mayo and Thai slaw, served with chips
Zanzibar falafel burger with lime mayo and tomato salsa, served with chips
Lemon and poppy seed cake
Or fruit portion
**Friday**

**Lunch**

Celeriac and smoked paprika soup (Vegan)
Crumbed tilapia with chips, tartare sauce and mixed salad
Deep fried brie cheese with cranberry sauce, chips and mixed salad
Treacle tart
Or fruit portion

**Dinner**

Celeriac and smoked paprika soup (Vegan)
Spaghetti Carbonara, parmesan cheese, and garlic bread
Asparagus and pea spaghetti with garlic bread
Treacle tart
Or fruit portion

**Meat Free Saturday**

**Lunch**

Crispy potato skins with crumbled vegan feta and sliced mushroom (Vegan)
Cheesy baked aubergine stuffed with roasted vegetables and mixed salad (Vegetarian)
Miso Aubergine with a mixed salad (Vegan)
No-bake peanut butter cookie (Vegan)
Or fruit portion

**Dinner**

Crispy potato skins with crumbled vegan feta and sliced mushroom (Vegan)
Barley and broccoli risotto with lemon and basil, and vegetarian parmesan
Barley and broccoli risotto with lemon and basil, and vegan cheddar
No-bake peanut butter cookie (Vegan)
Or fruit portion

**Sunday**

**Lunch**

Minestrone (Vegan)
Miso-roasted gammon with Asian-infused roast potatoes, and soy-dressed greens
Vegan Asian grilled tofu with sesame and chilli sauce, Asian-infused roast potatoes, and soy-dressed greens
Berry panna cotta
Or fruit portion

**Dinner**

Minestrone (Vegan)
Chilli con carne with rice, sour cream and tortilla chips
Vegetarian quesadillas with rice, sour cream and tortilla chips
Berry panna cotta
Or fruit portion