



## Menu

**17-23 May 2021**

### **Monday**

#### **Lunch**

Mexican bean soup with crispy tortillas (Vegan)

Baked chicken Arrabbiata with new potatoes and steamed carrots

Baked seitan Arrabbiata with new potatoes and steamed carrots

Raspberry and coconut steamed pudding

Or fruit portion

#### **Dinner**

Mexican bean soup with crispy tortillas (Vegan)

Beer battered fish wrap with herby tartare sauce, pickled onions and salad

Beer battered tofu wrap with herby tartare sauce, pickled onions and salad

Raspberry and coconut steamed pudding

Or fruit portion

### **Tuesday**

#### **Lunch**

Creamy cauliflower soup (Vegetarian)

Beef ragout with penne pasta and rocket salad

Mushroom stroganoff with penne pasta and rocket salad

Lemon poppyseed cake

Or fruit portion

## **Dinner**

Creamy cauliflower soup (Vegetarian)

Thai green chicken curry, steamed rice and mango chutney

Vegan Thai green tempeh curry, steamed rice and mango chutney

Lemon poppyseed cake

Or fruit portion

## **Wednesday**

### **Lunch**

French onion soup (Vegan)

Chicken and mushroom pie with mashed potatoes and seasonal greens

Broccoli and stilton pie with mashed potatoes and seasonal greens

Spicy apple Dorset cake

Or fruit portion

### **Dinner**

French onion soup (Vegan)

Crispy sweet chili beef with egg noodles and broccoli

Crispy sweet chilli oats with egg noodles and broccoli

Spicy apple Dorset cake

Or fruit portion

## **Thursday**

### **Lunch**

Curried sweetcorn soup (Vegan)

Lamb and spinach spanakopita with rustic roasted potato wedges and mixed salad

Classic Greek spanakopita with rustic roasted potato wedges and mixed salad

Banana traybake with cream cheese frosting

Or fruit portion

## **Dinner**

Curried sweetcorn soup (Vegan)

Cumberland sausage with mashed potatoes, brown onion gravy and steamed greens

Carrot and coriander sausage with mashed potatoes, brown onion gravy and steamed greens

Banana traybake with cream cheese frosting

Or fruit portion

## **Friday**

### **Lunch**

Courgette and leek soup (Vegan)

Fish mappas with toasted coconut rice, cucumber and mint relish

Roasted aubergine and tomato curry with toasted coconut rice, cucumber and mint relish (Vegan)

Rhubarb fool

Or fruit portion

### **Dinner**

Courgette and leek soup (Vegan)

Jacket potatoes with chili con carne and mixed salad

Vegan chickpea curry, jacket potatoes and mixed salad

Rhubarb fool

Or fruit portion

## **Meat-free Saturday**

### **Lunch**

Tomato and basil bruschetta (Vegan)

Vegan sausage roll with a warm new potato and rocket salad, paprika roast vegetables

Vegetarian Scotch egg with a warm new potato and rocket salad, paprika roast vegetables

Vegan banana pancakes

Or fruit portion

### **Dinner**

Tomato and basil bruschetta (Vegan)

Butternut and feta lasagne, grilled paneer garlic greens

Butternut and feta lasagne, garlic greens

Vegan banana pancakes

Or fruit portion

## **Sunday**

### **Lunch**

Rustic vegetable soup (Vegan)

Minced beef Wellington with Parmentier potatoes and summer greens

Pulled oat and mushroom Wellington with Parmentier potatoes and summer greens

Berry trifle

Or fruit portion

### **Dinner**

Rustic vegetable soup (Vegan)

Harissa lamb burger, sweet potato wedges and mixed salad

Harissa chickpea and coriander burger, sweet potato wedges and mixed salad

Berry trifle

Or fruit portion