Monday

Lunch

Mexican bean soup with crispy tortillas (Vegan)
Baked chicken Arrabbiata with new potatoes and steamed carrots
Baked seitan Arrabbiata with new potatoes and steamed carrots
Raspberry and coconut steamed pudding
Or fruit portion

Dinner

Mexican bean soup with crispy tortillas (Vegan)
Beer battered fish wrap with herby tartare sauce, picked onions and salad
Beer battered tofu wrap with herby tartare sauce, picked onions and salad
Raspberry and coconut steamed pudding
Or fruit portion

Tuesday

Lunch

Creamy cauliflower soup (Vegetarian)
Beef ragout with penne pasta and rocket salad
Mushroom stroganoff with penne pasta and rocket salad
Lemon poppyseed cake
Or fruit portion
Dinner
Creamy cauliflower soup (Vegetarian)
Thai green chicken curry, steamed rice and mango chutney
Vegan Thai green tempeh curry, steamed rice and mango chutney
Lemon poppyseed cake
Or fruit portion

Wednesday
Lunch
French onion soup (Vegan)
Chicken and mushroom pie with mashed potatoes and seasonal greens
Broccoli and stilton pie with mashed potatoes and seasonal greens
Spicy apple Dorset cake
Or fruit portion

Dinner
French onion soup (Vegan)
Crispy sweet chili beef with egg noodles and broccoli
Crispy sweet chilli oats with egg noodles and broccoli
Spicy apple Dorset cake
Or fruit portion

Thursday
Lunch
Curried sweetcorn soup (Vegan)
Lamb and spinach spanakopita with rustic roasted potato wedges and mixed salad
Classic Greek spanakopita with rustic roasted potato wedges and mixed salad
Banana traybake with cream cheese frosting
Or fruit portion
Dinner
Curried sweetcorn soup (Vegan)
Cumberland sausage with mashed potatoes, brown onion gravy and steamed greens
Carrot and coriander sausage with mashed potatoes, brown onion gravy and steamed greens
Banana traybake with cream cheese frosting
Or fruit portion

Friday
Lunch
Courgette and leek soup (Vegan)
Fish mappas with toasted coconut rice, cucumber and mint relish
Roasted aubergine and tomato curry with toasted coconut rice, cucumber and mint relish (Vegan)
Rhubarb fool
Or fruit portion

Dinner
Courgette and leek soup (Vegan)
Jacket potatoes with chili con carne and mixed salad
Vegan chickpea curry, jacket potatoes and mixed salad
Rhubarb fool
Or fruit portion

Meat-free Saturday
Lunch
Tomato and basil bruschetta (Vegan)
Vegan sausage roll with a warm new potato and rocket salad, paprika roast vegetables
Vegetarian Scotch egg with a warm new potato and rocket salad, paprika roast vegetables
Vegan banana pancakes
Or fruit portion

Dinner
Tomato and basil bruschetta (Vegan)
Butternut and feta lasagne, grilled paneer garlic greens
Butternut and feta lasagne, garlic greens
Vegan banana pancakes
Or fruit portion

**Sunday**

**Lunch**

Rustic vegetable soup (Vegan)
Minced beef Wellington with Parmentier potatoes and summer greens
Pulled oat and mushroom Wellington with Parmentier potatoes and summer greens
Berry trifle
Or fruit portion

**Dinner**

Rustic vegetable soup (Vegan)
Harissa lamb burger, sweet potato wedges and mixed salad
Harissa chickpea and coriander burger, sweet potato wedges and mixed salad
Berry trifle
Or fruit portion