



## Menu

10 – 14 August 2020

### Monday

#### **Lunch**

Creamy mushroom soup

Homemade sausage roll with warm new potato salad and summer roast carrot salad

Spicy vegetable patties with warm new potato salad and summer roast carrot salad (Vegan)

Victoria sponge cake

Or fruit portion

#### **Dinner**

Creamy mushroom soup

Penne Amatriciana with garlic bread and mixed leaves

Spaghetti Crudaiola Cherry tomatoes, buffalo mozzarella, fresh basil, olive oil)

Victoria sponge cake

Or fruit portion

### Tuesday

#### **Lunch**

Asian miso soup

Lamb Keema with flat bread, pickled vegetables, mango chutney minted yoghurt and rice

Chickpea and lentil Keema with flat bread, pickled vegetables, mango chutney minted yoghurt and rice

Summer berry mousse with lady finger biscuit

Or fruit portion

#### **Dinner**

Asian miso soup

Creamy fish pie with cheese mash potato and seasonal vegetables

Classic ratatouille with garlic bread

Summer berry mousse with lady finger biscuit

Or fruit portion

### **Wednesday**

#### **Lunch**

Cold cucumber and dill soup with cream fraiche

Rosemary and lemon roasted chicken with polenta coated roast potatoes pot gravy and seasonal vegetables

Mushroom Wellington with polenta coated roast potatoes pot gravy and seasonal vegetables

Lemon drizzle cake slice

Or fruit portion

#### **Dinner**

Cold cucumber and dill soup with cream fraiche

Jerk chicken with rice & peas and cucumber salad

Caribbean vegetable rundown with rice & peas

Lemon drizzle cake slice

Or fruit portion

### **Thursday**

#### **Lunch**

Potato and leek soup

Korean meatballs with stir fried vegetables and noodles

Korean vegan meatballs with stir fried vegetables and rice noodles

Scone with jam & fresh cream

Or fruit portion

#### **Dinner**

Potato and leek soup

Lamb Moussaka with mixed leaves

Vegan Mediterranean stuffed aubergine with mixed leaves

Scone with jam & fresh cream

Or fruit portion

**Friday**

**Lunch**

Summer orzo soup

Crumbed fish and chips with chunky tartare sauce and steamed minted peas

Leek, potato and parmesan quiche with tarragon sauce, and mixed salad

Berry lamingtons

Or fruit portion

**Dinner**

Summer orzo soup

Cheese burger with spicy tomato relish and romaine lettuce served with chips

Zanzibar falafel burger with spicy tomato relish and romaine lettuce served with chips

Berry lamingtons

Or fruit portion