Menu

12 – 18 October 2020

Monday
Lunch
Carrot & cumin soup (Vegan)
Korean meatballs with stir fried vegetables and egg noodles
Salt & pepper tofu with stir fried vegetables and egg noodles
Warm coconut and lime rice pudding
Or fruit portion

Dinner
Carrot & cumin soup (Vegan)
Chicken madras, steamed rice, mango chutney and minted yogurt
Squash & spinach dhansak, steamed rice, mango chutney and mint yogurt
Warm coconut and lime rice pudding
Or fruit portion

Tuesday
Lunch
Creamy leek soup
Jerk chicken with rice & peas and cucumber salad
Plantain & bean curry with rice & peas, cucumber salad
Vegan chocolate brownie
Or fruit portion

Dinner
Creamy leek soup
Maple glazed ham, egg and chips with peas
Pulled oats macaroni cheese with crispy onions and mixed salad
Vegan chocolate brownie
Wednesday

Lunch
Curried cauliflower soup
Honey & mustard pulled ham hock gravy, roast potatoes and seasonal vegetables
Roast stuffed Portobello mushrooms with roast potatoes and seasonal vegetables
Sticky toffee pudding
Or fruit portion

Dinner
Curried cauliflower soup
Moroccan lamb tagine with couscous and yoghurt dressing
Moroccan vegetable tagine with couscous and yoghurt dressing
Sticky toffee pudding
Or fruit portion

Thursday

Lunch
Minted pea soup
Chicken mushroom and leek pie with mash potatoes and braised savoy cabbage
Broccoli and stilton pie with mash potatoes and braised savoy cabbage
Salted caramel mousse with lady finger biscuit
Or fruit portion

Dinner
Minted pea soup
Vienna pork schnitzel with chips and creamy Austrian slaw
Courgette fritters with chips and creamy Austrian slaw
Salted caramel mousse with lady finger biscuit
Or fruit portion
Friday
Smoky roast pepper and lentil soup (Vegan)
Cumberland sausage ring broccoli mash & onion gravy
Carrot & coriander vegan sausage, broccoli mash & onion gravy
Steamed stem ginger pudding with custard
Or fruit portion

Dinner
Smoky roast pepper and lentil soup (Vegan)
Beef cheese burger with mango relish and chunky chips
Smoked paprika and maple grilled halloumi burger with mango relish and chunky chips
Steamed stem ginger pudding with custard
Or fruit portion

Saturday
Lunch
Tomato and basil soup (Vegan)
Shepherd's lamb pie with steamed greens
Squash and lentil vegetable pie with steamed greens
Morello cherry pie
Or fruit portion

Dinner
Tomato and basil soup (Vegan)
Homemade sausage roll with warm new potato salad and Sumac roast carrot salad
Spicy vegetable pasty with warm new potato salad and Sumac roast carrot salad (Vegan)
Morello cherry pie
Or fruit portion

Sunday
Lunch
Country vegetable soup (Vegan)
Beef Bourguignon with crushed new potatoes and minted peas
Mushroom, blue cheese & red onion filo parcel with crushed new potatoes and minted peas

Carrot cake

Or fruit portion

**Dinner**

Country vegetable soup (Vegan)

Chicken leg in mushroom sauce, thyme roast potatoes and seasonal vegetables

Baked stuffed aubergine, thyme roast potatoes and seasonal vegetables

Carrot cake

Or fruit portion