Menu
13 – 19 July 2020

Monday

Lunch
Creamy sweetcorn and basil soup
Thai chicken and vegetable noodle salad with prawn crackers
Thai tofu and vegetable noodle salad with prawn crackers
Black forest trifle
Or fruit portion

Dinner
Creamy sweetcorn and basil soup
Macaroni cheese with pancetta, peas and crispy onions with mixed salad
Super green macaroni cheese with crispy onions and mixed salad
Black forest trifle
Or fruit portion

Tuesday

Lunch
Summer orzo soup (Vegan)
Homemade sausage roll with warm new potato salad and summer roast carrot salad
Spicy vegetable patties with warm new potato salad and summer roast carrot salad (Vegan)
Victoria sponge cake
Or fruit portion

Dinner
Summer orzo soup (Vegan)
Asian infused fish cake with yoghurt dressed salad and sweet chilli sauce
Thai sweetcorn cake with yoghurt dressed salad and sweet chilli sauce
Victoria sponge cake
Or fruit portion

**Wednesday**

**Lunch**
Green lemongrass and coconut milk with vermicelli soup (Vegan)
Summer chicken Caesar salad with crispy bacon lardons and avocado
Summer Caesar salad with grilled halloumi cheese and avocado
Lemon cheesecake
Or fruit portion

**Dinner**
Green lemongrass and coconut milk with vermicelli soup (Vegan)
Spaghetti Bolognese with rocket salad and garlic bread
Vegetable parmigiana with rocket salad and garlic bread
Lemon cheesecake
Or fruit portion

**Thursday**

**Lunch**
Tomato and basil soup (Vegan)
Smoky Guajillo beef bowl with fresh tomato salsa and lime mayonnaise with steamed rice
Spanakopita with new roasted potatoes and mixed salad
Blueberry panna cotta with short bread biscuit
Or fruit portion

**Dinner**
Tomato and basil soup (Vegan)
Mediterranean sausage casserole with grilled pitta bread
Roast vegetable and pesto tart with a feta and olive salad
Blueberry panna cotta with short bread biscuit
Or fruit portion
Friday
Lunch
Cold Salmorejo soup (Vegan)
Curried fish in the bag with Bombay potatoes and summer vegetables
Curried charred paneer cheese with Bombay potatoes and summer vegetables
Mixed berry fool
Or fruit portion
Dinner
Cold Salmorejo soup (Vegan)
Lamb Moussaka with mixed leaves
Vegan Mediterranean stuffed aubergine with mixed leaves
Mixed berry fool
Or fruit portion

Saturday
Lunch
Cucumber, pea and lettuce soup with sour cream and dill
Jerk chicken with rice & peas and cucumber salad
Caribbean vegetable rundown with rice & peas
Chargrilled pineapple with honey yoghurt and coconut
Or fruit portion
Dinner
Cucumber, pea and lettuce soup with sour cream and dill
Cheese burger with spicy tomato relish and romaine lettuce served with chips
Zanzibar falafel burger with spicy tomato relish and romaine lettuce served with chips
Chargrilled pineapple with honey yoghurt and coconut
Or fruit portion
Sunday

Lunch

Citrus summer squash soup (Vegan)

Citrus marinated roast gammon with stuffing, roast potatoes and seasonal vegetables

Country vegetable and quinoa Wellington with roast potatoes and seasonal vegetables (Vegan)

Vegan Sicilian orange cake

Or fruit portion

Dinner

Citrus summer squash soup

Korean meatballs with stir fried vegetables and noodles

Korean vegan meatballs with stir fried vegetables and rice noodles

Vegan Sicilian orange cake

Or fruit portion