Menu

14 – 20 December 2020

Monday

Lunch
Carrot and cumin soup (Vegan)
Macaroni cheese, pulled BBQ pork, garlic bread and green salad
Macaroni cheese, BBQ pulled oats, garlic bread and green salad
Victoria sponge
Or fruit portion

Dinner
Carrot and cumin soup (Vegan)
Lamb koftas, pita bread, hummus, pickled cucumber
Falafel, pita bread, hummus and pickled cucumber (Vegan)
Victoria sponge
Or fruit portion

Tuesday

Lunch
Creamy leek soup
Beef nachos, pickled jalapenos, tomato and red onion salsa and sour cream
Smoked chickpea nachos, pickled jalapenos, tomato and red onion salsa, sour cream
Spotted dick and custard
Or fruit portion

Dinner
Creamy leek soup
Jerk chicken, brown spiced rice & peas, cucumber salad
Jerk cauliflower steak, brown spiced rice & peas, cucumber salad (Vegan)
Spotted dick and custard
Or fruit portion
**Wednesday**

**Lunch**
- Curried cauliflower soup (Vegan)
- Teriyaki chicken stir fry, egg noodles and coriander
- Vegetable stir fry, egg noodles and coriander
- Banana and walnut cake, cinnamon frosting
- Or fruit portion

**Dinner**
- Curried cauliflower soup (Vegan)
- Homemade sausage roll with warm new potato salad and Sumac roast carrot salad
- Chick pea and zucchini "sausage" roll, warm potato salad and sumac roast carrot salad (Vegan)
- Banana and walnut cake, cinnamon frosting
- Or fruit portion

**Thursday**

**Lunch**
- Minted pea soup (Vegan)
- Shepherds lamb pie topped with mashed potatoes and winter greens
- Vegetable and lentil pie topped with mashed potatoes and winter greens (Vegan)
- Sticky toffee pudding
- Or fruit portion

**Dinner**
- Minted pea soup (Vegan)
- Beef cheese burger with mango relish and chunky chips
- Mushroom burger with mango relish and chunky chips
- Sticky toffee pudding
- Or fruit portion

**Friday**

**Lunch**
- Smoky roast pepper and lentil soup (Vegan)
Lemon and thyme crumbed fish fillet, zucchini and white bean ragout
Lemon and thyme crumbed tofu, zucchini and white bean ragout (Vegan)
Sago pudding, toasted coconut and cardamom crumble
Or fruit portion

Dinner
Smoky roast pepper and lentil soup (Vegan)
Korean meatballs with stir fried vegetables and egg noodles
Korean pulled oat meatballs, stir fried vegetables and egg noodles
Sago pudding, toasted coconut and cardamom crumble
Or fruit portion

Saturday
Lunch
Tomato and basil soup (Vegan)
Smokey pork and lentil casserole, orzo and steamed greens
Smokey lentil and bean casserole, orzo and steamed greens (Vegan)
Chocolate eclairs
Or fruit portion

Dinner
Tomato and basil soup (Vegan)
Steamed white fish, spiced tomato relish, white rice and savoy cabbage
Grilled aubergine, spiced tomato relish, white rice and savoy cabbage (Vegan)
Chocolate eclairs
Or fruit portion

Sunday
Lunch
Country vegetable soup (Vegan)
Beef roast, rosemary and garlic roasted new potatoes, winter root vegetables, Yorkshire pudding and beef gravy
Roasted seitan, rosemary and garlic roasted new potatoes, winter root vegetables, Yorkshire pudding and gravy
Malva pudding and custard
Or fruit portion

Dinner
Country vegetable soup (Vegan)
Harissa Chicken and chickpea pie, roasted winter greens
Harissa chickpea pie, roasted winter greens (Vegan)
Malva pudding and custard
Or fruit portion