Menu

14 – 20 September 2020

Monday

Lunch
Asian miso soup
Korean meatballs with stir fried vegetables and noodles
Korean vegan meatballs with stir fried vegetables and rice noodles
Warm coconut and lime rice pudding
Or fruit portion

Dinner
Asian miso soup
Macaroni cheese with pancetta, peas and crispy onions with mixed salad
Super green macaroni cheese with crispy onions and mixed salad
Warm coconut and lime rice pudding
Or fruit portion

Tuesday

Lunch
Creamy leek and tarragon soup
Jerk chicken with rice & peas and cucumber salad
Caribbean vegetable rundown with rice & peas
Morello cherry pie
Or fruit portion

Dinner
Creamy leek and tarragon soup
Classic American meat loaf with cheese and onion mashed potatoes and minted peas
Vegan meatballs in a spicy tomato sauce with onion mashed potatoes and minted peas
Morello cherry pie
Or fruit portion

**Wednesday**

**Lunch**
Curried cauliflower soup
Citrus marinated roast gammon with stuffing, roast potatoes and seasonal vegetables
Roast stuffed portobello mushrooms with roast potatoes and seasonal vegetables
Sticky toffee pudding
Or fruit portion

**Dinner**
Curried cauliflower soup
Lemon and honey chicken tagine with couscous, yoghurt and toasted sesame seeds
Moroccan vegetable tagine with couscous and yoghurt
Sticky toffee pudding
Or fruit portion

**Thursday**

**Lunch**
Minted pea soup
Chicken mushroom and leek pie with mash potatoes and braised savoy cabbage
Broccoli and stilton pie with mash potatoes and braised savoy cabbage
Salted caramel mousse with lady finger biscuit
Or fruit portion

**Dinner**
Minted pea soup
Vienna pork schnitzel with chips and creamy Austrian slaw
Courgette fritters with chips and creamy Austrian slaw
Salted caramel mousse with lady finger biscuit
Or fruit portion

**Friday**

**Lunch**
Smoky roast pepper and lentil soup
Curried fish in the bag with Bombay potatoes salad
Curried charred paneer cheese with Bombay potatoes salad
Steamed stem ginger pudding with custard
Or fruit portion

**Dinner**
Smoky roast pepper and lentil soup
Beef cheese burger with mango relish and chunky chips
Smoked paprika and maple grilled halloumi burger with mango relish and chunky chips
Steamed stem ginger pudding with custard
Or fruit portion

**Saturday**

**Lunch**
Tomato and basil soup
Shepherd’s lamb pie with steamed greens
Chickpea and lentil vegetable pie with steamed greens
Carrot cake
Or fruit portion

**Dinner**
Tomato and basil soup
Homemade sausage roll with warm new potato salad and Sumac roast carrot salad
Spicy vegetable pasty with warm new potato salad and Sumac roast carrot salad (Vegan)
Carrot cake
Or fruit portion

**Sunday**

**Lunch**

Country vegetable soup

Beef Bourguignon with crushed new potatoes and minted peas

Mushroom Wellington with crushed new potatoes, pot gravy and minted peas

Lemon drizzle cake slice

Or fruit portion

**Dinner**

Country vegetable soup

Chicken leg in mushroom sauce, polenta coated roast potatoes and seasonal vegetables

Baked stuffed aubergine, polenta coated roast potatoes and seasonal vegetables

Lemon drizzle cake slice

Or fruit portion