Menu

15 – 21 June 2020

Monday

Lunch
Potato and leek soup (vegan)
Teriyaki chicken thighs with spring onions and gems, egg fried rice
Teriyaki oat mince balls with spring onions and gems, rice
Coconut and toffee malva cake
Or fruit portion

Dinner
Potato and leek soup (vegan)
Pork chop pizzaiola with sauté new potatoes and mixed leaves
Mediterranean stuffed courgettes with sauté new potatoes and mixed leaves
Coconut and toffee malva cake
Or fruit portion

Tuesday

Lunch
Gazpacho (vegan)
BBQ pulled beef brisket in toasted panini creamy coleslaw and chips
BBQ pulled jack fruit in toasted panini creamy coleslaw and chips
Blueberry and yoghurt mousse
Or fruit portion

Dinner
Gazpacho (vegan)
Fish pie with cheese mash and seasonal vegetables
Broccoli and stilton pie with creamy mash potatoes and seasonal vegetables
Blueberry and yoghurt mousse
Or fruit portion

Wednesday

Lunch
Avocado sweetcorn and courgette soup (vegan)
Curried lamb hot-pot with steamed greens
Curried aubergine and sweet potato bake with steamed greens
Carrot & orange cake square with yoghurt
Or fruit portion
**Wednesday Dinner**

Avocado sweetcorn and courgette soup (vegan)
Za'atar roast chicken with hummus, pickled cucumber salad and homemade flatbread
Middle Eastern falafel with hummus, pickled cucumber salad and homemade flatbread
Carrot & orange cake square with yoghurt
Or fruit portion

**Thursday**

**Lunch**

Creamy mushroom soup
Provencal chicken leg with potato mushroom and onion bake
Escalivada with potato mushroom and onion bake
Lemon drizzle cake
Or fruit portion

**Dinner**

Creamy mushroom soup
Classic lasagne with mixed salad and garlic bread
Vegetarian pasta Faggioli with mixed salad and garlic bread
Lemon drizzle cake
Or fruit portion

**Friday**

**Lunch**

Roasted tomato and Basil soup (vegan)
Sriracha chicken burger with lime mayo, summer slaw and fries
Halloumi burger with lime mayo, Sriracha chilli sauce, summer slaw and fries
Vegan chocolate and banana muffin
Or fruit portion

**Dinner**

Roasted tomato and Basil soup (vegan)
Thai baked fish with Asian infused chips and grilled pak choi
Thai massaman tofu curry with rice and pak choi
Vegan chocolate and banana muffin
Or fruit portion

**Saturday**

**Lunch**

Chinese hot and sour soup
Hungarian turkey meatloaf stuffed with cheese, with dill sauce, mash potatoes steamed carrots
Cheese and spinach filled Portobello mushroom with mash potatoes and steamed carrots
Apple crumble with custard
Or fruit portion
Saturday Dinner

Chinese hot and sour soup
Lamb, spinach and aubergine Pastitsio
Feta spinach and sesame filo parcels with Greek pasta salad
Apple crumble with custard
Or fruit portion

Sunday

Lunch

Pea and spinach soup (vegan)
Roast chicken filled with stuffing and apricot, served with roast potatoes orange jus and vegetables
Homemade nut roast with roast potatoes, orange jus and seasonal vegetables
Trifle pot
Or fruit portion

Dinner

Pea and spinach soup (vegan)
Chilli con carne with rice, sour cream and crispy tortillas
Three bean chilli with rice, sour cream and crispy tortillas
Trifle pot
Or fruit portion