Monday

Lunch
Thai noodle soup (Vegan)
Teriyaki chicken with grilled pineapple and pak choi, steamed rice
Teriyaki grilled tofu with grilled pineapple and pak choi, steamed rice
Banana and cinnamon apple mousse
Or fruit portion

Dinner
Thai noodle soup (Vegan)
Lamb, spinach and aubergine filo parcel with Greek salad
Feta spinach and sesame filo parcels with Greek salad
Banana and cinnamon apple mousse
Or fruit portion

Tuesday

Lunch
Sweet potato and lentil soup (vegan)
Pork bafat curry with aromatic matta rice
Squash and cauliflower masala with aromatic matta rice
Spotted dick steamed pudding with custard
Or fruit portion

Dinner
Sweet potato and lentil soup (vegan)
Spicy chicken and bean burrito with refried rice, salsa and sour cream
Spicy black bean burrito with refried rice, salsa and sour cream
Spotted dick steamed pudding with custard
Or fruit portion
**Wednesday**

**Lunch**

- Cream of celeriac soup
- Beef lasagne with garlic bread and mixed leaves
- Mushroom and leek lasagne with garlic bread and mixed leaves
- Chocolate orange sponge with crème fraîche
- Or fruit portion

**Dinner**

- Cream of celeriac soup
- Za'atar chicken with hummus, pickled cucumber salad and homemade flatbread
- Middle Eastern falafel with hummus, pickled cucumber salad and homemade flatbread
- Chocolate orange sponge with crème fraîche
- Or fruit portion

**Thursday**

**Lunch**

- Pea and mint soup (Vegan)
- Harissa marinated chicken legs with couscous salad and yoghurt dressing
- Harissa mixed bean tagine with couscous salad and yoghurt dressing
- Spiced apple crumble with custard
- Or fruit portion

**Dinner**

- Pea and mint soup (Vegan)
- Beef ragout with spaghetti with garlic bread and mixed leaves
- Penne arrabiata with garlic bread and mixed leaves
- Spiced apple crumble with custard
- Or fruit portion

**Friday**

**Lunch**

- Carrot and coriander soup (Vegan)
Breaded fish and chips with minted peas, chunky tartare sauce
Deep fried brie cheese with berry sauce, chips and mixed leaves
Lemon self-saucing pudding
Or fruit portion

**Dinner**

Carrot and coriander soup (Vegan)
Pesto chicken burger with caramelised onions with mixed leaves and potato wedges
Homemade sweet potato and chickpea burger with caramelised onions with mixed leaves and potato wedges
Lemon self-saucing pudding
Or fruit portion

**Saturday**

**Lunch**

French onion soup
Steak and onion lattice with creamy potato salad
Vegetable lattice with creamy potato salad
 Banana and Nutella crepes with whipped cream
Or fruit portion

**Dinner**

French onion soup
Maple roast gammon with colcannon mash and steamed vegetables
Triple cheese and tarragon stuffed mushroom with colcannon mash and steamed vegetables
 Banana and Nutella crepes with whipped cream
Or fruit portion

**Sunday**

**Lunch**

Country vegetable soup (Vegan)
Roast lemon and rosemary chicken with crispy thyme roasted potatoes and seasonal vegetables with pot jus
Plant based turkey, crispy thyme roasted potatoes and seasonal vegetables with vegetable jus
Victoria sponge
Or fruit portion

**Dinner**

Country vegetable soup (Vegan)
Chilli con carne with rice, sour cream and crispy tortillas
Three bean chilli with rice, sour cream and crispy tortillas
Victoria sponge
Or fruit portion