Menu

18-24 January 2021

Monday

Lunch

Mexican tortilla soup (Vegan)
Teriyaki chicken with grilled pineapple and pak choi, steamed rice
Teriyaki grilled tofu with grilled pineapple and pak choi, steamed rice
Steamed syrup pudding with custard
Or fruit portion

Dinner

Mexican tortilla soup (Vegan)
Lamb, spinach and aubergine Pastitsio
Feta, spinach and sesame filo parcels with Greek pasta salad
Steamed syrup pudding with custard
Or fruit portion

Tuesday

Lunch

Chinese hot and sour soup (Vegan)
BBQ pulled beef brisket in toasted panini, creamy coleslaw and chips
BBQ pulled jack fruit in toasted panini, creamy coleslaw and chips
Nutella and banana-filled pancakes
Or fruit portion

Dinner

Chinese hot and sour soup (Vegan)
Traditional fish pie with cheesy mash and seasonal vegetables
Mediterranean vegetable pie with creamy mash and seasonal vegetables
Nutella and banana-filled pancakes
Or fruit portion

**Wednesday**

**Lunch**

Cream of celeriac soup
Curried lamb hot-pot with steamed greens
Curried aubergine and sweet potato bake with steamed greens
Chocolate fudge cake with toffee sauce
Or fruit portion

**Dinner**

Cream of celeriac soup
Za’atar chicken with hummus, pickled cucumber salad and homemade flatbread
Middle Eastern falafel with hummus, pickled cucumber salad and homemade flatbread
Chocolate fudge cake with toffee sauce
Or fruit portion

**Thursday**

**Lunch**

Potato and leek soup
Mojo marinated chicken legs with couscous salad and yoghurt dressing
Mojo marinated halloumi cheese with couscous salad and yoghurt dressing
Apple and pear crumble with custard
Or fruit portion

**Dinner**

Potato and leek soup
Penne con salsiccia e finocchio with garlic bread and mixed leaves
Penne arrabiata with garlic bread and mixed leaves
Apple and pear crumble with custard
Or fruit portion

**Friday**

**Lunch**

Carrot and coriander soup (Vegan)
Breaded fish and chips with minted peas, chunky tartare sauce
Deep-fried brie cheese with berry sauce, chips and mixed leaves
Malva pudding
Or fruit portion

**Dinner**

Carrot and coriander soup (Vegan)
Pesto chicken burger with caramelised onions, with mixed leaves and hand cut chips
Homemade sweet potato and chickpea burger with caramelised onions, with mixed leaves and hand cut chips
Malva pudding
Or fruit portion

**Saturday**

**Lunch**

French onion soup (Vegan)
Steak and onion lattice with creamy potato salad
Vegetable lattice with creamy potato salad
Forest fruit strudel
Or fruit portion

**Saturday Dinner**

French onion soup (Vegan)
Portuguese turkey ragout with cheese rice balls
Portuguese Caldo Verde (Kale, spinach and butterbean stew) with rice
Forest fruit strudel
Or fruit portion

**Sunday**

**Lunch**

Tomato and lentil soup (Vegan)
Roast lemon and rosemary chicken with crispy polenta roasted potatoes and seasonal vegetables with pot jus
Plant-based turkey, crispy polenta roasted potatoes and seasonal vegetables with vegetable jus
Victoria sponge
Or fruit portion

**Dinner**

Tomato and lentil soup (Vegan)
Chilli con carne with rice, sour cream and crispy tortillas
Three bean chilli with rice, sour cream and crispy tortillas
Victoria sponge
Or fruit portion