Menu
19 – 25 October 2020

Monday

Lunch
Mushroom & tarragon soup (Vegan)
Steak and onion pasty with mixed salad
Cheese and onion pasty with mixed salad
Spiced banana loaf
Or fruit portion

Dinner
Mushroom & tarragon soup (Vegan)
Chicken schnitzel, sauerkraut, steamed new potatoes
Pumpkin risotto topped with toasted pumpkin seeds
Spiced banana loaf
Or fruit portion

Tuesday

Lunch
Chinese hot and sour soup
Deconstructed lamb shepherd's pie with mashed potatoes and peas
Cauliflower cheese au gratin with mashed potatoes and minted peas
No-bake caramel cheesecake
Or fruit portion

Dinner
Chinese hot and sour soup
Pork vindaloo, steamed rice, poppadum, mango chutney
Mixed vegetable Ceylon, steamed rice, poppadum, mango chutney (Vegan)
No-bake caramel cheesecake
Or fruit portion

**Wednesday**

**Lunch**
Tomato and basil soup (vegan)
Smokey chorizo and manchego quiche, roasted herb diced potatoes and mixed salad
Stilton, fig and thyme quiche, roasted herb diced potatoes and mixed salad
Rocky road
Or fruit portion

**Dinner**
Tomato and basil soup (vegan)
Chicken and chorizo paella
Roasted pepper and aubergine paella (Vegan)
Rocky road
Or fruit portion

**Thursday**

**Lunch**
Cream of root vegetable
Chicken souvlaki, Greek salad, flatbread & tzatziki
Greek stuffed aubergine with mixed leaves and garlic bread
Chocolate fudge cake
Or fruit portion

**Dinner**
Cream of root vegetable
Harissa lamb burger with creamy slaw mixed salad and skin on wedges
Vegan falafel burger, spicy chutney with mixed salad and skin on wedges
Chocolate fudge cake
Or fruit portion
**Friday**

Roasted squash and red pepper soup (Vegan)

Traditional fish pie with creamy mashed potatoes and seasonal greens

Broccoli, celeriac & pea pie with creamy mashed potatoes and seasonal greens

Tiramisu

Or fruit portion

**Dinner**

Roasted squash and red pepper soup (Vegan)

Slow casseroled red wine beef ragout on tagliatelle pasta with garlic bread

Quinoa and roast vegetable stuffed pepper with new roast potatoes and green leaf salad (Vegan)

Tiramisu

Or fruit portion

**Saturday**

**Lunch**

Parsnip and maple soup (Vegan)

Chilli con carne with rice, sour cream and crispy tortillas

Three bean chilli with rice, and crispy tortillas (Vegan)

Courgette and walnut vegan loaf cake

Or fruit portion

**Dinner**

Parsnip and maple soup (Vegan)

Thai fishcakes with special fried rice and a sweet chilli dip

Tomato and green vegetable frittata with garlic bread and mixed salad

Courgette and walnut vegan loaf cake

Or fruit portion
Sunday

Lunch
Sweet potato & lentil soup (vegan)
Tuna pasta bake with crispy onions and rocket salad
Super green spaghetti with cherry tomatoes & vegetarian parmesan
Apple and blackberry crumble with custard
Or fruit portion

Dinner
Sweet potato & lentil soup (vegan)
Slow cooked beef brisket sliders with coleslaw and cheesy fries
BBQ pulled jackfruit sliders with no mayo coleslaw and fries (Vegan)
Apple and blackberry crumble with custard
Or fruit portion