Menu
20 - 26 April 2020

Monday
Lunch
Minted pea and asparagus (Vegan)
Beef and mushroom pie with creamy mash potatoes and spring greens
Mushroom Wellington with creamy mash potatoes and spring greens
Apple and berry strudel
Or fruit portion

Dinner
Minted pea and asparagus (Vegan)
Gammon and eggs with chips and mixed salad
Spinach and Philadelphia filled egg rolls with creamy tomato sauce
Apple and berry strudel
Or fruit portion

Tuesday
Lunch
Potato and leek (Vegan)
Toad in the hole with sauté new potatoes, steamed peas and onion gravy
Butternut squash and sage risotto with rocket and parmesan salad
Lemon posset
Or fruit portion

Dinner
Potato and leek (Vegan)
Chinese shredded beef with egg fried rice
Vegetable chow mien
Lemon posset
Or fruit portion
**Wednesday**

**Lunch**
- Butternut and red pepper (Vegan)
- Asian spiced pulled pork with pitta bread, spiced rice and grilled baby gems served with Sriracha mayo
- Asian spiced tofu with pitta bread, spiced rice and grilled baby gems served with Sriracha mayo
- Trifle pot
- Or fruit portion

**Dinner**
- Butternut and red pepper (Vegan)
- Fish pie with cheesy mash potatoes and seasonal vegetables
- Asparagus feta cheese and roast tomato quiche with seasonal vegetables
- Trifle pots
- Or fruit portion

**Thursday**

**Lunch**
- Chunky vegetable (Vegan)
- Chicken tikka masala with pilau rice, naan bread and mango chutney
- Paneer tikka masala with pilau rice, naan bread and mango chutney
- Chocolate fudge slice
- Or fruit portion

**Dinner**
- Chunky vegetable (Vegan)
- Mac and cheese with bacon lardons, butternut squash and spinach served with garlic bread and mixed salad
- Mac and cheese with butternut squash and spinach served with garlic bread and mixed salad
- Chocolate fudge slice
- Or fruit portion

**Friday**

**Lunch**
- Spicy tomato and chickpea (Vegan)
- Mediterranean baked tilapia with chips and salad
- Aubergine parmigiana with chips and salad
- Sicilian vegan orange cake
- Or fruit portion
**Friday dinner (ctd)**
Spicy tomato and chickpea (Vegan)
Louisiana chicken gumbo with rice and grilled tortillas
Louisiana vegetable gumbo with rice and grilled tortillas
Sicilian vegan orange cake
Or fruit portion

**Saturday**

**Lunch**
French onion soup with cheesy croutons
Shepherd’s pie with seasonal vegetables
Curried vegan hot pot with seasonal vegetables
Treacle tart
Or fruit portion

**Dinner**
French onion soup with cheesy croutons
Turkey schnitzel with tangy tomato salsa and sauté new potatoes
Penne Arrabbiata with garlic bread and mixed salad
Treacle tart
Or fruit portion

**Sunday**

**Lunch**
Roasted sweet potato and carrot (Vegan)
Roast chicken with homemade stuffing, roast potatoes pot gravy and seasonal veg
Roast tempeh with homemade stuffing, roast potatoes pot gravy and seasonal veg
Banana and chocolate chip muffin
Or fruit portion

**Dinner**
Roasted sweet potato and carrot (Vegan)
Harissa lamb burger with minted slaw and harissa mayo served with chips
Spicy bean burger with minted slaw and harissa mayo served with chips
Banana and chocolate chip muffin
Or fruit portion