Menu

21 – 27 September 2020

**Monday**

**Lunch**
Mexican tortilla soup
Teriyaki chicken with grilled pineapple and pak choy, steamed rice
Teriyaki grilled tofu with grilled pineapple and pak choy, steamed rice
Black forest mousse
Or fruit portion

**Dinner**
Mexican tortilla soup
Lamb, spinach and aubergine Pastitsio
Feta spinach and sesame filo parcels with Greek pasta salad
Black forest mousse
Or fruit portion

**Tuesday**

**Lunch**
Chinese hot and sour soup
BBQ pulled beef brisket in toasted Panini, creamy coleslaw and chips
BBQ pulled jack fruit in toasted Panini, creamy coleslaw and chips
Nutella and banana filled pancakes
Or fruit portion

**Dinner**
Chinese hot and sour soup
Traditional fish pie with cheesy mash and seasonal vegetables
Mediterranean vegetable quiche with creamy mash and seasonal vegetables
Nutella and banana filled pancakes
Or fruit portion
**Wednesday**

**Lunch**
Cream of celeriac soup
Curried lamb hot-pot with steamed greens
Curried aubergine and sweet potato bake with steamed greens
Chocolate fudge cake with toffee sauce
Or fruit portion

**Dinner**
Cream of celeriac soup
Za'atar chicken with hummus, pickled cucumber salad and homemade flatbread
Middle Eastern falafel with hummus, pickled cucumber salad and homemade flatbread
Chocolate fudge cake with toffee sauce
Or fruit portion

**Thursday**

**Lunch**
Potato and leek soup
Mojo marinated chicken legs with couscous salad and yoghurt dressing
Mojo marinated halloumi cheese with couscous salad and yoghurt dressing
Apple and pear crumble with custard
Or fruit portion

**Dinner**
Potato and leek soup
Penne con salsiccia e finocchio with garlic bread and mixed leaves
Penne arrabiata with garlic bread and mixed leaves
Apple and pear crumble with custard
Or fruit portion
Friday
Carrot and coriander soup (Vegan)
Breaded fish and chips with minted peas, chunky tartare sauce
Deep fried brie cheese with berry sauce, chips and mixed leaves
Malva pudding
Or fruit portion

Dinner
Carrot and coriander soup (Vegan)
Pesto chicken burger with caramelised onions with mixed leaves and hand cut chips
Homemade sweet potato and chickpea burger with caramelised onions with mixed leaves and hand cut chips
Malva pudding
Or fruit portion

Saturday
Lunch
French onion soup
Steak and onion lattice with creamy potato salad
Vegetable lattice with creamy potato salad
Forest fruit strudels with almond custard
Or fruit portion

Dinner
French onion soup
Portuguese turkey ragout with cheese rice balls
Portuguese Caldo Verde (Kale, spinach and butterbean stew) with rice
Forest fruit strudels with almond custard
Or fruit portion

Sunday
Lunch
Thai noodle soup
Roast lemon and rosemary chicken with crispy polenta roasted potatoes and seasonal vegetables with pot jus

Plant based turkey, crispy polenta roasted potatoes and seasonal vegetables with vegetable jus

Victoria sponge

Or fruit portion

**Dinner**

Thai noodle soup

Chilli con carne with rice, sour cream and crispy tortillas

Three bean chilli with rice, sour cream and crispy tortillas

Victoria sponge

Or fruit portion