



Menu

23 – 29 November 2020

Monday

Lunch

Chipotle black bean soup (Vegan)

Spicy chorizo, sausage and bean casserole with orzo pasta, garlic greens

Spicy, vegetarian sausage and bean casserole with orzo pasta, steamed greens

Steamed jam sponge with custard

Or fruit portion

Dinner

Chipotle black bean soup (Vegan)

Lamb koftas, hummus, pitta bread, salad greens

Veggie koftas, hummus, pitta bread, salad greens

Steamed jam sponge with custard

Or fruit portion

Tuesday

Lunch

Smoky kale and butternut soup (Vegan)

Thai chicken coconut curry, toasted coconut rice, tomato sambal and buttered naan

Thai vegetable coconut curry, toasted coconut rice, tomato sambal and buttered naan

Salted caramel mousse with lady finger biscuit

Or fruit portion

Dinner

Smoky kale and butternut soup (Vegan)

Vienna pork schnitzel with chips and crushed new potato salad

Aubergine parmigiana with crushed new potato salad

Salted caramel mousse with lady finger biscuit

Or fruit portion

Wednesday

Lunch

Roasted tomato and basil (Vegan)

Sticky beef fried rice, poached egg, crunchy onion and coriander

Sticky tofu fried rice, poached egg, crunchy onions and coriander

Spicy apple Dorset cake slice

Or fruit portion

Dinner

Roasted tomato and basil (Vegan)

Chicken and apricot tagine, herbed couscous, steamed greens

Moroccan vegetable tagine with couscous and yoghurt

Spicy apple Dorset cake slice

Or fruit portion

Thursday

Lunch

Carrot & sweet potato soup (Vegan)

BBQ pulled pork pasta, garlic bread and garden greens

BBQ jackfruit pasta, garlic bread and garden greens

Mango and lime rice pudding

Or fruit portion

Dinner

Carrot & sweet potato soup (Vegan)

Lamb burgers, caramelized onions raita and spicy potato wedges

Lentil and carrot burger, caramelized onions, raita and spicy potato wedges

Mango and lime rice pudding

Or fruit portion

Friday

Lunch

Moroccan lentil soup (Vegan)

Crumbed fish cakes, Asian slaw and sesame egg noodles

Black bean and quinoa cake, Asian slaw and sesame egg noodles

Cranberry flapjack

Or fruit portion

Dinner

Moroccan lentil soup (Vegan)

Chilli con carne with rice, sour cream and crispy tortillas

Quorn chilli with rice, and crispy tortillas (Vegan)

Cranberry flapjack

Or fruit portion

Saturday

Lunch

Potato and leek soup (Vegan)

Chicken and broccoli casserole, creamy mashed potatoes and winter greens

Chickpea and broccoli casserole, creamy mashed potatoes and winter greens

Coffee cake with cappuccino buttercream frosting

Or fruit portion

Dinner

Potato and leek soup (Vegan)

Beef Tex Mex enchilada bake, sour cream, tomato salad

Vegetable Tex Mex enchilada bake, sour cream, tomato salad

Coffee cake with cappuccino buttercream frosting

Or fruit portion

Sunday

Lunch

Country vegetable soup (Vegan)

Beef cannelloni, roasted tomatoes, garden salad

Pulled oats cannelloni, roasted tomatoes and garden salad

Malva pudding

Or fruit portion

Dinner

Country vegetable soup (Vegan)

Harissa grilled chicken, bulgur wheat salad, roasted cauliflower

Harissa grilled aubergine steak, bulgur wheat salad, roasted cauliflower

Malva pudding

Or fruit portion