Menu

23 – 29 November 2020

**Monday**

**Lunch**
Chipotle black bean soup (Vegan)
Spicy chorizo, sausage and bean casserole with orzo pasta, garlic greens
Spicy, vegetarian sausage and bean casserole with orzo pasta, steamed greens
Steamed jam sponge with custard
Or fruit portion

**Dinner**
Chipotle black bean soup (Vegan)
Lamb koftas, hummus, pitta bread, salad greens
Veggie koftas, hummus, pitta bread, salad greens
Steamed jam sponge with custard
Or fruit portion

**Tuesday**

**Lunch**
Smoky kale and butternut soup (Vegan)
Thai chicken coconut curry, toasted coconut rice, tomato sambal and buttered naan
Thai vegetable coconut curry, toasted coconut rice, tomato sambal and buttered naan
Salted caramel mousse with lady finger biscuit
Or fruit portion

**Dinner**
Smoky kale and butternut soup (Vegan)
Vienna pork schnitzel with chips and crushed new potato salad
Aubergine parmigiana with crushed new potato salad
Salted caramel mousse with lady finger biscuit
Or fruit portion
**Wednesday**

**Lunch**
- Roasted tomato and basil (Vegan)
- Sticky beef fried rice, poached egg, crunchy onion and coriander
- Sticky tofu fried rice, poached egg, crunchy onions and coriander
- Spicy apple Dorset cake slice
- Or fruit portion

**Dinner**
- Roasted tomato and basil (Vegan)
- Chicken and apricot tagine, herbed couscous, steamed greens
- Moroccan vegetable tagine with couscous and yoghurt
- Spicy apple Dorset cake slice
- Or fruit portion

**Thursday**

**Lunch**
- Carrot & sweet potato soup (Vegan)
- BBQ pulled pork pasta, garlic bread and garden greens
- BBQ jackfruit pasta, garlic bread and garden greens
- Mango and lime rice pudding
- Or fruit portion

**Dinner**
- Carrot & sweet potato soup (Vegan)
- Lamb burgers, caramelized onions raita and spicy potato wedges
- Lentil and carrot burger, caramelized onions, raita and spicy potato wedges
- Mango and lime rice pudding
- Or fruit portion

**Friday**

**Lunch**
- Moroccan lentil soup (Vegan)
Crumbed fish cakes, Asian slaw and sesame egg noodles
Black bean and quinoa cake, Asian slaw and sesame egg noodles
Cranberry flapjack
Or fruit portion

Dinner
Moroccan lentil soup (Vegan)
Chilli con carne with rice, sour cream and crispy tortillas
Quorn chilli with rice, and crispy tortillas (Vegan)
Cranberry flapjack
Or fruit portion

Saturday

Lunch
Potato and leek soup (Vegan)
Chicken and broccoli casserole, creamy mashed potatoes and winter greens
Chickpea and broccoli casserole, creamy mashed potatoes and winter greens
Coffee cake with cappuccino buttercream frosting
Or fruit portion

Dinner
Potato and leek soup (Vegan)
Beef Tex Mex enchilada bake, sour cream, tomato salad
Vegetable Tex Mex enchilada bake, sour cream, tomato salad
Coffee cake with cappuccino buttercream frosting
Or fruit portion

Sunday

Lunch
Country vegetable soup (Vegan)
Beef cannelloni, roasted tomatoes, garden salad
Pulled oats cannelloni, roasted tomatoes and garden salad
Malva pudding
Or fruit portion

**Dinner**

Country vegetable soup (Vegan)

Harissa grilled chicken, bulgur wheat salad, roasted cauliflower

Harissa grilled aubergine steak, bulgur wheat salad, roasted cauliflower

Malva pudding

Or fruit portion