Menu

30 November – 6 December 2020

Monday

Lunch
Roasted red pepper and harissa soup (Vegan)
Chicken and mushroom pot pie, mashed potatoes and chicken gravy
Paneer and spinach pot pie, mashed potatoes and mushroom sauce
Apple tart tatin
Or fruit portion

Dinner
Roasted red pepper and harissa soup (Vegan)
Gnocchi with lamb and white bean ragout, pickled carrot and cucumber salad
Gnocchi with white bean ragout, pickled carrot and cucumber salad
Apple tart tatin
Or fruit portion

Tuesday

Lunch
Thai green noodle soup (Vegan)
Moussaka, turmeric steamed rice, cumin roasted greens and mango chutney
Cauliflower moussaka, turmeric steamed rice, cumin roasted green and mango chutney
Steamed syrup sponge with custard
Or fruit portion

Dinner
Thai green noodle soup (Vegan)
Steamed pork and coriander wontons, stir fried vegetables, honey soy dressing
Pulled Asian oats and coriander won tons, stir fried vegetables, honey and soy dressing
Steamed syrup sponge with custard
Or fruit portion
**Wednesday**

**Lunch**

Roasted parsnip and potato soup (Vegan)

Pulled lamb shoulder, pickled vegetables, homemade naan and tatziki

Pulled oats, pickled vegetables, homemade naan and tatzikki

Chocolate brownies

Or fruit portion

**Dinner**

Roasted parsnip and potato soup (Vegan)

Korean fried chicken, mini milk bread buns, gravy and green leaf salad

Korean fried paneer, mini milk bread buns, gravy and green leaf salad

Chocolate brownies

Or fruit portion

**Thursday**

**Lunch**

Italian minestrone soup (Vegan)

Scotch eggs, warm new potato salad, red onion chutney and steamed greens

Falafel, warm new potato salad, red onion chutney and steamed greens

Pear and star anise crumble

Or fruit portion

**Dinner**

Italian minestrone soup (Vegan)

Moroccan chickpea and beef mince stuffed jacket potato, tomato and coriander salsa and yoghurt dressing

Moroccan chickpea stuffed jacket potato, tomato and coriander salsa and yoghurt dressing

Pear and star anise crumble

Or fruit portion
**Friday**

**Lunch**
Curried cauliflower soup (Vegan)
Crumbed fish fillets, potato wedges, tartare sauce and mushy peas
Crumbed aubergine, potato wedges, tartare sauce and mushy peas
Cherry chocolate and coconut bake
Or fruit portion

**Dinner**
Curried cauliflower soup (Vegan)
Paprika and yoghurt marinated chicken thighs, rustic bulgur wheat salad
Paprika and yoghurt marinated seitan, rustic bulgur wheat salad
Cherry chocolate and coconut bake
Or fruit portion

**Saturday**

**Lunch**
Chunky vegetable soup (Vegan)
Chicken Prego roll, salsa, garden green salad
Tofu Prego roll, salsa, garden green salad
Sticky toffee pudding
Or fruit portion

**Dinner**
Chunky vegetable soup (Vegan)
Lemon caper and parsley fish fillet en papillote, herbed mashed potatoes roasted tomatoes
Lemon caper and parsley tofu en papillote, herbed mashed potatoes roasted tomatoes
Sticky toffee pudding
Or fruit portion

**Sunday**

**Lunch**
Carrot and coconut soup (Vegan)
Roasted pork shoulder, polenta crusted potatoes, carrots and mustard apple sauce  
Roasted cauliflower, polenta crusted potatoes, carrots and mustard apple sauce  
Custard slice  
Or fruit portion  

**Dinner**  
Carrot and coconut soup (Vegan)  
Mumbai filo lamb and spinach sandwich, babaganoush and rocket salad  
Mumbai spinach and feta sandwich, babaganoush and rocket salad  
Custard slice  
Or fruit portion