



Menu

30 November – 6 December 2020

Monday

Lunch

Roasted red pepper and harissa soup (Vegan)

Chicken and mushroom pot pie, mashed potatoes and chicken gravy

Paneer and spinach pot pie, mashed potatoes and mushroom sauce

Apple tart tatin

Or fruit portion

Dinner

Roasted red pepper and harissa soup (Vegan)

Gnocchi with lamb and white bean ragout, pickled carrot and cucumber salad

Gnocchi with white bean ragout, pickled carrot and cucumber salad

Apple tart tatin

Or fruit portion

Tuesday

Lunch

Thai green noodle soup (Vegan)

Moussaka, turmeric steamed rice, cumin roasted greens and mango chutney

Cauliflower moussaka, turmeric steamed rice, cumin roasted green and mango chutney

Steamed syrup sponge with custard

Or fruit portion

Dinner

Thai green noodle soup (Vegan)

Steamed pork and coriander wontons, stir fried vegetables, honey soy dressing

Pulled Asian oats and coriander won tons, stir fried vegetables, honey and soy dressing

Steamed syrup sponge with custard

Or fruit portion

Wednesday

Lunch

Roasted parsnip and potato soup (Vegan)

Pulled lamb shoulder, pickled vegetables, homemade naan and tatziki

Pulled oats, pickled vegetables, homemade naan and tatziki

Chocolate brownies

Or fruit portion

Dinner

Roasted parsnip and potato soup (Vegan)

Korean fried chicken, mini milk bread buns, gravy and green leaf salad

Korean fried paneer, mini milk bread buns, gravy and green leaf salad

Chocolate brownies

Or fruit portion

Thursday

Lunch

Italian minestrone soup (Vegan)

Scotch eggs, warm new potato salad, red onion chutney and steamed greens

Falafel, warm new potato salad, red onion chutney and steamed greens

Pear and star anise crumble

Or fruit portion

Dinner

Italian minestrone soup (Vegan)

Moroccan chickpea and beef mince stuffed jacket potato, tomato and coriander salsa and yoghurt dressing

Moroccan chickpea stuffed jacket potato, tomato and coriander salsa and yoghurt dressing

Pear and star anise crumble

Or fruit portion

Friday

Lunch

Curried cauliflower soup (Vegan)

Crumbed fish fillets, potato wedges, tartare sauce and mushy peas

Crumbed aubergine, potato wedges, tartare sauce and mushy peas

Cherry chocolate and coconut bake

Or fruit portion

Dinner

Curried cauliflower soup (Vegan)

Paprika and yoghurt marinated chicken thighs, rustic bulgur wheat salad

Paprika and yoghurt marinated seitan, rustic bulgur wheat salad

Cherry chocolate and coconut bake

Or fruit portion

Saturday

Lunch

Chunky vegetable soup (Vegan)

Chicken Prego roll, salsa, garden green salad

Tofu Prego roll, salsa, garden green salad

Sticky toffee pudding

Or fruit portion

Dinner

Chunky vegetable soup (Vegan)

Lemon caper and parsley fish fillet en papillote, herbed mashed potatoes roasted tomatoes

Lemon caper and parsley tofu en papillote, herbed mashed potatoes roasted tomatoes

Sticky toffee pudding

Or fruit portion

Sunday

Lunch

Carrot and coconut soup (Vegan)

Roasted pork shoulder, polenta crusted potatoes, carrots and mustard apple sauce

Roasted cauliflower, polenta crusted potatoes, carrots and mustard apple sauce

Custard slice

Or fruit portion

Dinner

Carrot and coconut soup (Vegan)

Mumbai filo lamb and spinach sandwich, babaganoush and rocket salad

Mumbai spinach and feta sandwich, babaganoush and rocket salad

Custard slice

Or fruit portion