Monday

Lunch
Harissa and red pepper soup (Vegan)
Beef Tex Mex bowl, coriander fried rice, corn salsa, lime sour cream
Paneer Tex Mex bowl, coriander fried rice, corn salsa, lime sour cream
Winter trifle, stem ginger and cinnamon
Or fruit portion

Dinner
Harissa and red pepper soup (Vegan)
Roasted chicken and quinoa bake, garlic greens and chimichurri sauce
Roasted seitan and quinoa bake, garlic greens and chimichurri sauce
Winter trifle, stem ginger and cinnamon
Or fruit portion

Tuesday

Lunch
Country bean and chickpea soup (Vegan)
Classic butter chicken curry, steamed rice, tomato salsa and garlic naan
Classic paneer butter curry, steamed rice, tomato salsa and garlic naan
Malva pudding, vanilla custard
Or fruit portion

Dinner
Country bean and chickpea soup (Vegan)
Spaghetti Bolognese with garlic bread and grated parmesan cheese
Vegetarian Bolognese spaghetti, garlic bread and grated vegetarian parmesan cheese
Malva pudding, vanilla custard
Or fruit portion

**Wednesday**

**Lunch**

Carrot & coriander soup (Vegan)
Leek and fish pie, flaky pastry, steamed greens
Roasted vegetable pie, flaky pastry, steamed greens
Chocolate tray bake, butter icing
Or fruit portion

**Dinner**

Carrot & coriander soup (Vegan)
Pork schnitzel, mashed potatoes mature cheddar cheese sauce and winter greens
Seitan schnitzel, mashed potatoes, mature cheddar cheese sauce and winter greens
Chocolate tray bake, butter icing
Or fruit portion

**Thursday**

**Lunch**

Corn chowder (Vegan)
Almond and prune lamb tagine, jewelled cous cous and citrus roasted butternut
Almond, prune and aubergine tagine, jewelled cous cous and citrus roasted butternut
Vegan zucchini and walnut slice, lemon frosting
Or fruit portion

**Dinner**

Corn chowder (Vegan)
Kung Pao chicken, kimchi and steamed buns
Kung Pao tofu, kimchi and steamed buns
Vegan zucchini and walnut slice, lemon frosting
Or fruit portion
Friday (Chinese New Year)

Lunch

Chinese hot & sour soup (Vegan)
Steamed fish & Pak choi parcels with vegetable noodles
Baked tofu & Pak choi parcels with vegetable noodles
Chinese mango pudding
Or fruit portion

Dinner

Chinese hot & sour soup (Vegan)
Sticky beef fried rice, egg, coriander and lime
Fried rice, egg, coriander and lime
Chinese mango pudding
Or fruit portion

Saturday

Lunch

Thai noodle soup
BBQ beef brisket baguette, seasoned wedges and green salad
BBQ pulled jackfruit baguette, seasoned wedges and green salad
Bread and butter pudding
Or fruit portion

Dinner

Thai noodle soup
Harissa chicken pasty, warm potato salad pickled cabbage slaw
Harissa chick pea pasty, warm potato salad, pickled cabbage slaw
Bread and butter pudding
Or fruit portion
Sunday (Valentine’s Day)

Lunch

Balsamic roasted tomato soup (Vegan)
Lemon and rosemary roast chicken, roast potatoes, root vegetables and pot jus
Lemon and rosemary roast mushrooms, roast potatoes, root vegetables and pot jus
Valentine’s cupcake
Or fruit portion

Dinner

Balsamic roasted tomato soup (Vegan)
Pork Pad Thai, coriander, toasted peanuts, crunchy onions and lime
Pad Thai, coriander, toasted peanuts, crunchy onions and lime
Valentine’s cupcake
Or fruit portion