



## Menu

**Ist-7th February 2021**

### **Monday**

#### **Lunch**

Country vegetable soup (Vegan)

Chicken Madras, steamed rice, mango chutney and minted yogurt

Aubergine Madras, steamed rice, mango chutney and minted yoghurt

Jam Roly Poly with custard

Or fruit portion

#### **Dinner**

Country vegetable soup (Vegan)

Singapore noodles with vegetables and crispy pork

Singapore noodles with vegetables and tempeh

Jam Roly Poly with custard

Or fruit portion

### **Tuesday**

#### **Lunch**

Tomato and lentil soup (Vegan)

Greek spanakopita, lamb kofta, mixed salad and sauté new potatoes

Greek spanakopita, falafel kofta with mixed salad and sauté new potatoes

Vegan chocolate and coconut chia pudding

Or fruit portion

#### **Dinner**

Tomato and lentil soup (Vegan)

Beef lasagne, garlic bread and green salad

Spinach and feta lasagne, garlic bread green salad

Vegan chocolate and coconut chia pudding

Or fruit portion

### **Wednesday**

#### **Lunch**

Carrot and coriander soup (Vegan)

Creamy lemon and parsley tuna pasta bake, green salad, garlic bread

Creamy lemon and parsley halloumi pasta bake, green salad, garlic bread

Indian semolina and pistachio pudding

Or fruit portion

#### **Dinner**

Carrot and coriander soup (Vegan)

Pork and orange cassoulet, mashed potato and steamed Pak choy

Cauliflower and orange cassoulet, mashed potato and steamed Pak choy

Indian semolina and pistachio pudding

Or fruit portion

### **Thursday**

#### **Lunch**

Pumpkin and sage soup (Vegan)

BBQ chicken and guacamole burger served with Cajun potato wedges

Portobello mushroom burger with stilton and roasted red peppers, served with potato wedges

Spiced ginger trifle

Or fruit portion

#### **Dinner**

Pumpkin and sage soup (Vegan)

Beef risotto bake, parmesan and garden greens

Butternut and sage risotto bake, garden greens

Spiced ginger trifle

Or fruit portion

## **Friday**

### **Lunch**

Curried vegetable soup (Vegan)

Mexican fish tacos with picot de gallo, cream fraiche and guacamole, Mexican rice

Jack fruit tacos with pico de gallo, cream fraiche and guacamole, Mexican rice

Apple, pear and cinnamon crumble with custard

Or fruit portion

### **Dinner**

Curried vegetable soup (Vegan)

Lahmacun: Spicy lamb mince on flat bread, served with pickled red cabbage and tatziki

Israel shakshuka with flat bread

Apple, pear and cinnamon crumble with custard

Or fruit portion

## **Saturday**

### **Lunch**

Parsnip and maple soup (Vegan)

Pork katsu curry with rice and grilled gems

Tofu Katsu curry with rice and grilled gems

Lemon tart

Or fruit portion

### **Dinner**

Parsnip and maple soup (Vegan)

Harissa chicken pie, mashed potato and steamed greens

Harissa grilled aubergine, mashed potato and steamed greens

Lemon tart

Or fruit portion

## **Sunday**

### **Lunch**

Potato and leek soup (Vegan)

Beef chilli stuffed butternut squash with sumac soured cream and mixed salad

Middle Eastern pulled oats stuffed butternut squash with sumac soured cream and mixed salad

Chocolate orange bread and butter pudding

Or fruit portion

### **Dinner**

Potato and leek soup (Vegan)

Grilled bratwurst, caramelized onions, mustard, green salad and wedges

Carrot and coriander sausage, caramelized onions, mustard, green salad and wedges

Chocolate orange bread and butter pudding

Or fruit portion