Menu
18 – 24 May 2020

Breakfast Available Daily
Lite Breakfast Bag
Treat to Eat Breakfast Bag

Monday

Lunch
Roast vegetable soup (Vegan)
Chicken parmigiana with tomato and basil spaghetti
Aubergine parmigiana with garlic bread and mixed leaves
Chocolate fudge cake with toffee sauce
Or fruit portion

Dinner
Roast vegetable (Vegan)
Middle Eastern lamb stuffed butternut squash with sumac soured cream and mixed salad
Middle Eastern oat meatballs stuffed butternut squash with sumac soured cream and mixed salad
Chocolate fudge cake with toffee sauce
Or fruit portion

Tuesday

Lunch
French onion
Teriyaki gammon roast with pineapple salsa and soy and ginger dressed grains
Singapore noodles with vegetables and tempeh
Blueberry and lime drizzle
Or fruit portion

Dinner
French onion
Sausage and mash with caramelised onion gravy and steamed peas
Broccoli and stilton parcels with mashed potato vegetarian gravy and steamed peas
Blueberry and lime drizzle
Or fruit portion
**Wednesday**

**Lunch**
Roast pepper and lentil (Vegan)
Lahmacun: spicy lamb mince on flat bread, served with pickled red cabbage and tzatziki
Israeli shakshuka with flat bread
Sicilian ricotta cake
Or fruit portion

**Dinner**
Roast pepper and lentil (Vegan)
Chicken and shrimp paella
Vegetarian gumbo with rice
Sicilian ricotta cake
Or fruit portion

**Thursday**

**Lunch**
Tomato and basil (Vegan)
Moroccan chicken tagine with couscous and saffron yoghurt dressing
Moroccan vegetable tagine with couscous and saffron yoghurt dressing
Coconut and lemon curd trifle
Or fruit portion

**Dinner**
Tomato and basil (Vegan)
Classic meatloaf with bubble 'n squeak and tomato sauce
Baked goat's cheese, caramelised onion & spinach filled Portobello mushroom with bubble 'n squeak
Coconut and lemon curd trifle
Or fruit portion

**Friday**

**Lunch**
Pea and asparagus (Vegan)
Tikka masala fish in a bag with sauté new potatoes
Greek spanakopita with mixed salad and sauté new potatoes
Guinness and malt cake
Or fruit portion

**Dinner**
Pea and asparagus (Vegan)
American hot dog with yellow mustard, sauerkraut, crispy onions and chips
Vegan Sloppy Joe with cheese and chips
Guinness and malt cake
Or fruit portion
**Saturday**

**Lunch**

Potato and leek (Vegan)
Pork katsu curry with rice and grilled gems
Tofu Katsu curry with rice and grilled gems
Key lime pie
Or fruit portion

**Dinner**

Potato and leek (Vegan)
Classic spaghetti Bolognese with garlic bread and mixed leaves
Spaghetti aglio olio with sun blushed tomato and asparagus with garlic bread
Key lime pie
Or fruit portion

**Sunday**

**Lunch**

Maple roast carrot (Vegan)
Slow roasted beef brisket, Yorkshire pudding, red wine jus, spring cabbage & Parmentier potatoes
Mixed mushroom pot roast with Yorkshire pudding
Stem ginger cake
Or fruit portion

**Dinner**

Maple roast carrot (Vegan)
Southern fried chicken burger with BBQ sauce creamy slaw and chips
Southern fried Jackfruit burger with BBQ sauce creamy slaw and chips
Stem ginger cake
Or fruit portion