Menu - 25 May to 31 May 2020

**Monday**

**Lunch**
Curried butternut squash soup (Vegan)
Chicken tikka masala and rice with naan bread and mango chutney
Lentil and chickpea dahl and rice with naan bread and mango chutney
Summer berry fruit yoghurt and biscuit pot
Or fruit portion

**Dinner**
Curried butternut squash soup (Vegan)
Penne Alfredo with garlic bread and mixed leaves
Creamy pesto and sun blushed tomato penne with garlic bread and mixed leaves
Summer berry fruit yoghurt and biscuit pot
Or fruit portion

**Tuesday**

**Lunch**
Satay noodle soup
Steak and mushroom pasty with warm potato and rocket salad
Quorn and vegetable pasty with warm potato and rocket salad
Lemon posset with shortbread biscuit
Or fruit portion

**Dinner**
Satay noodle soup
Portuguese turkey ragout with cheesy rice balls
Mushroom Stroganoff with rice and crispy onions
Lemon posset with shortbread biscuit
Or fruit portion
**Wednesday**

**Lunch**

Gazpacho (Vegan)

Pork chop with salsa Verde, tomato and red onion salad and sauté new potatoes

Courgette and parmesan quiche with salsa Verde, tomato and red onion salad and sauté new potatoes

Cherry frangipane tart

Or fruit portion

**Dinner**

Gazpacho (Vegan)

Mexican fish tacos with Pico de Gallo crème fraiche and guacamole, mixed leaves

Vegan chilli tacos with Pico de Gallo crème fraiche and guacamole, mixed leaves

Cherry frangipane tart

Or fruit portion

**Thursday**

**Lunch**

Minted pea soup (Vegan)

Shepherds’ pie (lamb) with creamy mashed potatoes and seasonal vegetables

Feta cheese, spinach and Portobello mushroom filo parcels with creamy mash potatoes and seasonal vegetables

Malva pudding pots

Or fruit portion

**Dinner**

Minted pea soup (Vegan)

Sicilian chicken bake with capers anchovies and tomatoes served with spaghetti

Caponata with crispy ciabattas

Malva pudding pots

Or fruit portion
**Friday**

**Lunch**

Minestrone with spaghetti and parmesan
Breaded Tilapia with tartare sauce, steamed minted peas and chips
Vegan spicy bean burger with tomato relish, in brioche bun served with chips
Vegan chocolate and banana muffin
Or fruit portion

**Dinner**

Minestrone with spaghetti and parmesan
Beef Stefano with giant couscous and yoghurt
Greek Briam with pitta bread and yoghurt
Vegan chocolate and banana muffin
Or fruit portion

**Saturday**

**Lunch**

Potato and leek soup (Vegan)
Peri-peri chicken with spiced rice and corn on the cob
Vegetable Biryani
Tiramisu
Or fruit portion

**Dinner**

Potato and leek soup (Vegan)
Lasagne al forno with garlic bread and mixed salad
Green bean, potato and cherry tomato frittata with garlic bread and mixed salad
Tiramisu
Or fruit portion
**Sunday**

**Lunch**

Cream of mushroom soup

Citrus roasted gammon with roast potatoes, seasonal vegetables and orange and mustard pork jus

Nut roast with roast potatoes, seasonal vegetables and vegetarian gravy

Banoffee tart

Or fruit portion

**Dinner**

Cream of mushroom soup

Pepperoni and roast pepper pizza with chips and salad

Roast vegetable pizza with chips and salad

Banoffee tart

Or fruit portion